



MARCH 12TH

HOW TO BE A HEALTH COLLEGE STUDENT

Don't be a part of statistic. The freshman 15 shouldn't impact you.

Come join the rest of your fellow freshman class, learn more about living a healthy life here on campus. We will teach you ways to maintain a great lifestyle without being a part of a statistic.



**Welcoming all
freshman**

**Don't miss a
chance to be a
new you**

You can do it!

**Don't be a
statistic**

**Kher Union 5pm
March 12th**

